

## Corona crisis – What to do?

### *When to Suspected Common Cold / Influenza ?*

1. Fever
2. Headache
3. Sneezing
4. Rhinorrhea
5. Sore throat
6. Body ache

### Treatment

Tab. Fenadin 180mg 1+0+1--- 10 days

Tab. Ceevit 1+1+1 (Chewable) for 7 days

Tab. Zithrin (500mg) 0+0+1 for 8 days

Tab. Napa (500mg) 2+2+2 (after meal) if fever

### General Measures

1. Isolation
2. Hot Tea intake mixed with Lemon & Ginger
3. Steam inhalation from flask 10 minutes 4 times daily

### *When to Suspected Corona infection?*

1. Fever
2. Dry cough
3. Sore throat
4. Generalised weakness
5. Diarrhoea
6. Bodyache

### *Test for Corona*

1. Antigen test –PCR for Corona—for early detection
2. Antibody test—for Corona after 1 week detection

### *If suspected / confirmed Corona infection*

#### General Measures

1. Isolation
2. Hot Tea intake mixed with Lemon & Ginger
3. Steam inhalation from flask 10 minutes 4 times daily

## **Treatment**

Tab. Scabo (6mg) 0+0+2 (Single dose) (Ivermectin)  
Tab. Reconil (200mg) 2+0+2 (1<sup>st</sup> day) –then 1+0+1 for next 4 days  
(Hydroxychloroquine) with doctor’s supervision

### **If associated with fever / sore throat**

Tab. Napa (500mg) 2+2+2 (after meal) if fever / throat pain  
Tab. Fenadin 180mg 1+0+1--- 10 days  
Tab. Ceevit 1+1+1 (Chewable) for 7 days  
Tab. Zithrin (500mg) 0+0+1 for 8 days

### **If associated with cough/ respiratory distress**

Tab. Flindof (200mg) 1+0+1---continue  
Tab. Monas (10mg) 0+0+1---continue

### **If associated loose motion / Diarrhea**

Tab. Secnid-Ds –0+0+2 (Single dose)  
ORS – Oral Saline  
Tab. Maxpro 20mg 1+0+1 (if associated stomach acidity) ---continue

### **If associated with weakness**

Cap. D-balance (40000iu) 0+0+1 (Weekly)  
Tab. Bicozin 1+1+1 ----continue  
ORS –daily intake

## **Note**

For any assistance or help you can write to me in Whats app 01711318709